



The Whole Elephant Institute

全象学院

The Whole Elephant Institute
is a non-profit organization

Dedicated to

Provide assistance to the general public

In seeking the whole truth of the universe

and

In finding a path of living in harmony with

Nature.

We have two key missions:

Promote Traditional Chinese Culture

洪扬中国传统之精髓

Open a new field of holistic study of mind-
body-spirit

开辟身心灵全息研究之新天地



The Whole Elephant Institute

洪扬中国传统文化之精髓 开辟身心灵全息研究之新天地

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Traditional Chinese Divine Culture

China is a land known for her amazing tradition and culture. It is called the Divine Land (神州) by Chinese people.

On this land history has recorded the colorful display of many different dynasties with totally different culture, unfolding the splendors of the divine creation of the Cosmo.

Three main schools of spiritual teachings are central to the divine culture: Taoism which cultivates Truth, Buddhism which cultivates Compassion, and Confucianism, which sets up moral standards for worldly practices.

Chinese divine culture provides the fundamentals for human world to understand the position of humanity, the relationship of humanity with the physical world and the spiritual worlds, and contains tremendous knowledge and wisdom of human body, time-space and the universe.

For example, Taoism teaches that the human body is a universe and the goal of being a human is to return to one's original true self. Buddhism teaches cultivation ways to transcend human world sufferings through reaching nirvana. The Confucianism teaches "Kindness, loyalty, Etiquette, Wisdom and Faith", which allows an individual to live in harmony with the rules of a normal society.

The culture contains ancient science of human health, emphasizing that all illnesses are rooted in one's desires and pursuits. To achieve health, one shall work on attaining a state of tranquility free from excess desires. All negative emotions harm vital organs of the human body, and the negative emotions originated from the various human desires for name, profit and sentimentality.

Modern life science considers human body to be not qualitatively different from animals and hold the notion that human body is simply more complicated in its "machinery". Such research of the cures of human diseases is based upon the studies of animal models.

Ancient Chinese Culture, on the other hand, considers the human body to be a universe and places human spirit to the center of attention when approaching the understanding of the origin of human diseases.

Learn these nine Chinese characters will help you to
be safe and healthy

法轮大法好！

真善忍好！

Welcome to the Whole Elephant Institute to
Learn Traditional Chinese Culture!

Some basic terms to start with:

Confucianism 儒教

Kindness, Loyalty, Propriety, Wisdom, Trust 仁义礼智信

Cultivate the body and mind 修身

Harmonize the family 齐家

Bring peace and prosperity to the world 平天下

Buddhism 佛教

Kindness will be rewarded and evil will be punished

善有善报，恶有恶报

Six-folded reincarnation 轮回转世

Value the virtue and do good needs 重德行善

Daoism 道教

Man shall be one with nature 天人合一

Cultivate truthfulness and nurture one's true nature 修真养性

Return to one's true self 返本归真

Human is ruled by the law on the earth 人法地

Earth is ruled by the law of heaven 地法天

Heaven is ruled by the Dao 天法道

Dao is ruled by Nature 道法自然

Important websites for you to use in learning Traditional Chinese
Culture and learn what is happening in Modern Communist China:

www.falundafa.org
www.ShenYunPerformingArts.org
www.ntdtv.com
www.epochtimes.com